# MARLEY SPOON



# **Chicken Tikka Masala**

with Jasmine Rice





This 30-minute chicken tikka is a speedy version for busy weeknights, and it packs the same flavorful punch. We simmer tender chicken strips in a tomatobased sauce spiced with curry powder and fragrant aromatics like garlic, ginger, onions, and cilantro. Fluffy jasmine rice studded with sweet green peas is the perfect side to soak up the creamy curry and cilantro leaves on top before serving to add a fresh, herbaceous pop.

#### What we send

- 5 oz jasmine rice
- 5 oz peas
- 1 yellow onion
- 1 oz fresh ginger
- ¼ oz fresh cilantro
- ¼ oz curry powder
- 6 oz tomato paste
- 3 oz mascarpone <sup>7</sup>
- 10 oz pkg chicken breast strips
- garlic

# What you need

- kosher salt & ground pepper
- butter 7
- · olive oil
- sugar

## **Tools**

- small saucepan
- medium Dutch oven or pot

#### **Cooking tip**

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#### **Allergens**

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 940kcal, Fat 49g, Carbs 84g, Protein 45g



### 1. Cook rice

In a small saucepan, combine **rice**, **1**% **cups water**, and **½ teaspoon salt**, bring to a boil over high heat. Reduce heat to low, cover, and cook until rice is almost tender, 15 minutes. Remove lid and top rice with **peas**; continue to cook until rice is tender and water is absorbed, and peas are warmed through, about 2 minutes more. Keep covered until ready to serve.



# 2. Prep ingredients

Finely chop ½ cup onion. Finely chop 1 tablespoon peeled ginger and 2 teaspoons garlic.

Pick **cilantro leaves** from **stems**; finely chop stems, keeping leaves whole.

Pat **chicken** dry and season all over with **salt** and **pepper**.



# 3. Brown chicken

Melt 1 tablespoon each of butter and oil in a medium Dutch oven or pot over medium-high heat. Add **chicken** and cook, without stirring, until golden brown on the bottom, but not cooked through, about 3 minutes. Transfer chicken to a plate.



4. Sauté aromatics

Heat 1 tablespoon each of butter and oil in same pot over medium-high. Add chopped onions and cook, stirring, until golden, 2-3 minutes. Stir in chopped ginger, garlic, cilantro stems and all of the curry powder; cook, stirring, until fragrant, about 1 minute.

Add **2 tablespoons tomato paste** and **2 teaspoons sugar**; cook, stirring, until paste turns brick-red, 1-2 minutes.



5. Simmer sauce

Add 1 cup water and a pinch each of salt and pepper to pot; bring to a boil over high heat. Reduce heat to medium, then add chicken and any resting juices. Simmer, stirring occasionally, until sauce is thickened and chicken is cooked through, 3-4 minutes.

Remove from heat, then stir in **mascarpone** until incorporated. Season to taste with **salt** and **pepper**.



6. Serve

Fluff **rice** with a fork, incorporating **peas**. Spoon **rice** into bowls and top with **chicken tikka masala**. Garnish with **whole cilantro leaves**. Enjoy!